

KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE

NATIONAL SERVICE SCHEME UNIT NO. 213

ANNUAL REPORT 2024-25

Prepared by NSS Unit 213

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FLOOD RELIEF CLEANING DRIVE

On August 2, 2024, NSS Unit 213 of Kottakkal Farook Arts and Science College organized a flood relief cleaning drive in Mampuram, to assist families affected by recent floods. The initiative aimed to provide immediate relief by cleaning homes, ensuring hygiene, and restoring a sense of normalcy. A dedicated team of eight NSS volunteers participated in the program, working from 3:00 PM to 6:30 PM to remove debris, dirt, and stagnant water, thereby reducing the risk of waterborne diseases.

Beyond immediate relief, the initiative fostered community engagement and social responsibility, encouraging volunteers and residents to work together in rebuilding efforts. The program also emphasized the significance of cleanliness in preventing disease outbreaks and promoting sustainable recovery. By actively participating in the rehabilitation of flood-affected families, the NSS unit demonstrated its commitment to disaster response and humanitarian service.

Event Photographs



INDEPENDENCE DAY CELEBRATION & BIRIYANI CHALLENGE

The 78th Independence Day was celebrated enthusiastically at Kottakkal Farook Arts and Science College on August 15, 2024. Organized with the support of 55 NSS volunteers, the event paid tribute to India's independence while fostering patriotism and national pride among students and staff. The celebrations brought together faculty, students, and distinguished guests to honor the sacrifices of freedom fighters and reflect on the country's rich heritage.

The event began with a solemn flag-hoisting ceremony, followed by cultural performances, including patriotic songs, dances, and skits that highlighted India's cultural diversity. Eminent guests and college dignitaries delivered inspiring speeches on the significance of Independence Day and the responsibilities of youth in nation-building. To encourage student engagement, prizes were distributed to winners of competitions such as essay writing, poster making, and quizzes, all centered on themes of patriotism.

Additionally, in collaboration with Shade Charitable Trust, NSS Conducted the "Biryani

Challenge" food distribution event promoted unity and inclusivity by providing biriyani packets to all attendees. The celebration successfully instilled patriotism, social responsibility, and a sense of community, making it a meaningful and memorable occasion for everyone involved.

Event Photographs



TEACHER'S DAY CELEBRATION

On September 5th, NSS Unit 213 of Kottakkal Farook Arts and Science College celebrated Teachers' Day with great enthusiasm, honoring the dedication and contributions of educators. Organized with the support of 11 NSS volunteers, the event was a heartfelt tribute to the teachers who shape young minds. The celebration began with students presenting bouquets and cards to their teachers, expressing gratitude for their guidance and support.

The celebration fostered a sense of gratitude and appreciation among students, strengthening their bond with teachers. It also encouraged student participation, teamwork, and leadership. The event concluded with a Cake Cutting Session, capturing the joy and camaraderie shared between students and teachers. The Teachers' Day celebration successfully promoted respect, appreciation, and a positive academic environment within the college community.

Event Photographs



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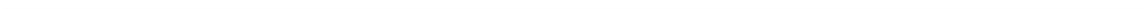
CLEANING DRIVE AT PARAPPUR VILLAGE

On October 1, 2024, the NSS Unit 213 of Kottakkal Farook Arts & Science College, in collaboration with the Parappur Panchayat, conducted a cleaning drive in the Veenalukkal area of Parappur village. Organized as part of the 'Swachhata Hi Seva' campaign, the initiative aimed to promote cleanliness, hygiene, and sustainable waste management. The event witnessed active participation from 56 NSS volunteers, ward counselors, members of the Haritha Karma Sena, and local residents, highlighting the collective effort required to maintain a clean environment.

The program began with an inauguration by the Panchayat President, who emphasized the shared responsibility of maintaining public spaces and commended the role of youth in driving such initiatives. Volunteers worked across various public areas, collecting and segregating waste using gloves, masks, and garbage bags. With guidance from the Haritha Karma Sena, waste was properly sorted and disposed of according to environmental guidelines.

The drive significantly improved cleanliness in key public areas and raised awareness about sustainable waste management. It also fostered collaboration between the NSS unit, local governing bodies, and the community, encouraging further participation in similar initiatives. The event served as a model for future extension activities, reinforcing the importance of collective action in environmental conservation.

Event Photographs



CLEAN DRIVE AT AMUP SCHOOL PARAPPUR AS PART OF THE "SWACHHATA HI SEVA" CAMPAIGN

On 2nd October 2024, NSS Unit 213 of Kottakkal Farook Arts & Science College conducted a cleanliness drive at AMUP School Parappur as part of the "Swachhata Hi Seva" campaign. A total of 42 volunteers participated in this effort, with the support of the school's PTA. The volunteers cleaned the school premises, collected plastic waste, and handed it over to the Haritha Karma Sena for proper disposal and recycling. The activity raised awareness about cleanliness and environmental protection, contributing to the national Swachh Bharat mission. The event was well-received by the school authorities and the local community.

Event Photographs



BLOOD DONATION CAMP

On October 7, 2024, the NSS Unit 213 of Kottakkal Farook Arts and Science College, in collaboration with Blood Donors Kerala (BDK) and Perinthalmanna Medical College, successfully conducted a blood donation camp. The initiative aimed to promote voluntary blood donation, raise awareness about its significance, and support hospitals with much-needed blood supplies. A total of 113 students participated, and 67 units of blood were collected during the event.

The camp was set up in the college Retreat Centre with proper medical facilities, ensuring a safe and efficient donation process. NSS Unit 213 volunteers played a key role in organizing the event, managing registrations, and assisting donors throughout the process. Medical professionals from Perinthalmanna Medical College oversaw the blood collection, ensuring donor safety and proper handling of collected units.

The camp received an overwhelming response from students, faculty, and staff, highlighting the spirit of social responsibility. The collected blood units will be used to save lives, reinforcing the importance of such initiatives. The event was a resounding success, demonstrating the collective effort of students, NSS volunteers, and healthcare professionals in contributing to a vital cause.

Event Photographs

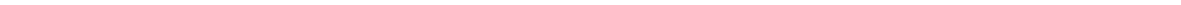


QUIZ COMPETITION

On October 16, 2024, the NSS Unit 213 of Kottakkal Farook Arts & Science College, organized the A.P.J. Abdul Kalam Quiz Competition to commemorate the birth anniversary of the former President of India, Dr. A.P.J. Abdul Kalam. The event, held in the college Seminar Hall, aimed to educate and inspire students by highlighting Dr. Kalam's life, achievements, and contributions to science and technology. A total of 11 NSS volunteers, along with college students, actively participated in the program under the guidance of the NSS Coordinator.

The event began with a welcome address by NSS volunteers, emphasizing the significance of the occasion. The quiz competition featured enthusiastic participation from students, covering topics related to Dr. Kalam's life, science, and technology. The contest was highly competitive, with teams demonstrating their knowledge and quick thinking. Following an engaging session, the winners were announced, and the NSS Coordinator applauded the participants, reinforcing the importance of Dr. Kalam's vision for youth and education. The program concluded with a vote of thanks delivered by NSS Volunteer Secretary Mr. Mohammed Sibin Sinan, expressing gratitude to all contributors. The competition successfully fostered awareness, learning, and a spirit of teamwork among students while honoring the legacy of Dr. Kalam.

Event Photographs



DEBATE COMPETITION ON KERALA PIRAVI

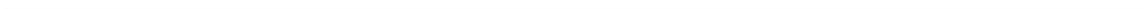
On November 1, 2024, as part of the Kerala Piravi celebrations at Kottakkal Farook Arts and Science College, a debate competition was conducted by the NSS Unit 213 on the topic "Impact of Modern Education System vs. Ancient Education System." A total of 30 NSS volunteers actively participated, engaging in a thought-provoking discussion that highlighted the advantages and drawbacks of both systems.

Participants defending the modern education system emphasized its role in fostering technological advancements, skill development, and global competitiveness. They argued that modern education encourages innovation, scientific thinking, and accessibility to diverse learning resources. In contrast, those advocating for the ancient education system highlighted its emphasis on holistic learning, value-based education, and personalized mentorship, which helped cultivate wisdom and moral integrity.

The debate was marked by strong arguments, counterarguments, and critical thinking, with participants demonstrating excellent public speaking and research skills.

The competition successfully fostered analytical thinking, articulation, and leadership among students, reinforcing the importance of education in shaping society while respecting its historical evolution.

Event Photographs



CHILDREN'S DAY CELEBRATION

NSS Unit 213 of Kottakkal Farook Arts and Science College celebrated Children's Day on 14th November 2024 with great enthusiasm by organizing meaningful programmes aimed at promoting child welfare and protection. The celebration included an interactive session with Anganwadi students and a bike rally on child protection awareness, conducted in association with the Kerala State Women & Child Welfare Department.

The Children's Day celebration with Anganwadi students was a heartwarming event where NSS volunteers engaged young children in various fun and educational activities. Games, storytelling sessions, and creative workshops were conducted to make the day special for the children. Volunteers distributed sweets and gifts, fostering a joyful environment and reinforcing the importance of early childhood care and education.

The bike rally on child protection awareness was a major highlight of the event. The rally, which started from Malappuram and concluded at Ponnani, aimed to spread awareness about child safety, rights, and protection against exploitation. NSS volunteers, along with officials from the Kerala State Women & Child Welfare Department, carried placards and banners advocating for a safer environment for children.

Event Photographs



CONTRIBUTIONS IN NAAC PEER TEAM VISIT

The NSS Unit 213 of Kottakkal Farook Arts and Science College actively participated in the NAAC Peer Team visit held from December 2 to 3, 2024. The volunteers played a crucial role in organizing and managing various aspects of the visit, ensuring its smooth execution. Their responsibilities included assisting with logistics, Proper Documentation and preparing the exhibition hall.

The NSS volunteers worked diligently to set up the exhibition hall, showcasing the college's academic achievements, extracurricular activities, and community outreach program. The active involvement of NSS Unit 213 in such a prestigious event reflects its dedication to institutional development and social responsibility.

Event Photographs



NSS SPECIAL CAMP 2024-25

The NSS Unit No. 213 of Kottakkal Farook Arts and Science College successfully organized a seven-day residential special camp from December 23 to December 29, 2024, at Farook English Medium School, Parappur. With the theme "Youth for My Bharath, Youth for Sustainable Development," the camp aimed to promote community service, leadership, and skill development. A total of 50 volunteers (23 males and 27 females) actively participated in various activities and awareness programs.

The camp featured public road renovation, an eye test camp in collaboration with Ahalia Eye Foundation, and a vegetable garden initiative under the Haritha Kerala Mission. Several educational sessions were conducted on drug abuse prevention, mental health, first aid training, artificial intelligence in the service sector, and financial literacy. Volunteers also engaged in yoga, meditation, sports competitions, and cultural programs, fostering physical well-being and team spirit.

The camp successfully promoted social responsibility, leadership, and sustainable development while strengthening the bond between volunteers and the community. The initiative significantly impacted both the participants and the local population, making the event a remarkable success in fostering volunteerism and community engagement.

Event Photographs



PALLIATIVE CARE CROWDFUNDING IN PARAPPUR

On January 15, 2025, Kottakkal Farook Arts and Science College, in collaboration with Parappur Palliative Care Centre, organized a Palliative Care Day Crowded Funding to support patients suffering from life-limiting illnesses. The initiative was led by NSS Unit 213 of Kottakkal Farook Arts and Science College, with volunteers actively participating in a door-to-door campaign to raise funds and spread awareness about the significance of palliative care. This campaign not only provided financial assistance for patients but also instilled a deep sense of social responsibility and empathy among volunteers.

The program focused on engaging the local community, emphasizing the importance of palliative care in improving patients' quality of life. Through direct interaction, volunteers educated residents on the challenges faced by patients and their families, encouraging community support. The collaboration with Parappur Palliative Care Centre strengthened the impact of the initiative by utilizing their expertise in healthcare services.

As a result, the NSS volunteers successfully collected a total of Rs. 54,000, which was handed over to the Parappur Palliative Care Centre to support their ongoing efforts in patient care. The program significantly increased awareness about palliative care, fostered community involvement, and reinforced the college's commitment to social causes, setting an example for future humanitarian initiatives.

Event Photographs



PARTICIPATION IN BASIC LIFE SUPPORT(BLS) TRAINING

On 28th January 2025, NSS Unit 213 of Kottakkal Farook Arts and Science College participated in the Basic Life Support (BLS) Training Programme organized by Kottakkal Municipality in collaboration with MIMS Hospital, Kottakkal. The training aimed to equip students with life-saving skills such as CPR (Cardiopulmonary Resuscitation), first aid, and emergency response techniques.

The event was inaugurated by Dr. Haneesha, Chairperson of Kottakkal Municipality, who emphasized the importance of first aid knowledge in saving lives. Expert trainers from MIMS Hospital conducted both theoretical and practical sessions, providing hands-on experience in performing CPR, the Heimlich maneuver, and handling unconscious patients. The training helped volunteers understand how to assess medical emergencies and provide immediate assistance before professional medical help arrives.

A total of 51 NSS volunteers actively participated in the session, engaging in interactive discussions and practical demonstrations. The event concluded with a feedback session where volunteers appreciated the training and expressed their commitment to applying these skills in real-life situations.

Event Photographs



WORLD CANCER DAY AWARENESS PROGRAMME

On February 5, 2025, Kottakkal Farook Arts and Science College hosted a Cancer Awareness Program in the Seminar Hall at 2:00 PM. The event aimed to educate attendees about cancer prevention, early detection, and treatment options while emphasizing the role of mental well-being in coping with the disease. The highlight of the session was a special talk by Ajvad Kaladi, a renowned mentalist and hypnotist, who shared insights on how the mind influences health and resilience in battling cancer.

The program featured expert talks, interactive sessions, and survivor stories, providing valuable information on reducing cancer risks through lifestyle changes, regular screenings, and early detection. The interactive Q&A allowed attendees to engage with experts, clarify doubts, and gain practical knowledge. The event also aimed to break the stigma surrounding cancer, fostering open

discussions and community support.

Participants left the session with increased awareness, motivation for preventive healthcare, and a stronger sense of community. The mental health discussion by Ajvad Kaladi received particular appreciation, highlighting the importance of emotional strength in health recovery. The event successfully inspired students, faculty, and the local community to take proactive steps in cancer prevention and awareness efforts.

Event Photographs



NSS VISIT TO PRATHEEKSHA BHAVAN AND ILA FOUNDATION

On February 15, 2025, 56 NSS volunteers and two accompanying teachers from Kottakkal Farook Arts and Science College visited Pratheeksha Bhavan, Children's Home in Thavanur, and ILA Foundation, a rehabilitation center in Kuttippuram. This visit was part of the NSS unit's ongoing community service efforts.

As part of the KFASC Dress Bank Project, volunteers collected and donated 634 sets of used dresses and essential cleaning supplies to Pratheeksha Bhavan. They also interacted with the children, fostering meaningful conversations and providing emotional support.

At ILA Foundation, volunteers had the privilege of meeting Mr. Najeeb K, the founder, who shared insights into rehabilitation programs and social challenges. This interaction deepened their understanding of mental health and addiction recovery.

Event Photographs



NSS VOLUNTEER SELECTION PROGRAMME

The selection procedure for 1st year NSS Volunteers was conducted on 27 September 2025, from 9:30 AM to 4:30 PM, which consisted of multiple sections.

1. Talent Test (9:30 AM – 12:30 PM)

To check confidence and stage presence, each student was asked to perform on stage. They could choose any activity, such as dance, song, mono-act, or any other performance.

Judging was done by the second-year volunteers, who assigned marks based on confidence, creativity, and overall performance.

2. Group Task (1:30 PM – 3:00 PM)

After the lunch break, the juniors were divided into 8 groups. Each group was given a specific topic. They were asked to discuss the topic and write down important points within 20 minutes. Second-year volunteers were assigned to each group as leaders and coordinators. After the discussion, one representative from each group presented the points on stage. Based on clarity, confidence, and teamwork, marks were distributed by the second-year volunteers.

3. Interview Session (3:00 PM – 4:30 PM)

In the final section, the same groups were guided for a one-to-one interview. Second-year volunteers interviewed each junior individually. Questions were mostly related to NSS, social service, personality, and basic awareness. Marks were given based on attitude, communication, and interest in NSS.

After combining the marks from all rounds, the NSS Unit finalized the selection. A total of 60 students were selected as NSS volunteers for the academic year 2025.

Event Photographs



KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE
NATIONAL SERVICE SCHEME UNIT NO. 213

INCOME & EXPENDITURE STATEMENT - 2024-25

| S.No | Receipts (Description) | Amount (?) | Payments (Description) | Amount (?) |
|--|------------------------|------------|------------------------|------------|
| No financial records found for academic year 2024-25 | | | | |