

KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE

NATIONAL SERVICE SCHEME UNIT NO. 213

ANNUAL REPORT 2025-26

Prepared by NSS Unit 213

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INTERNATIONAL YOGA DAY CELEBRATION

In connection with International Yoga Day, NSS Unit 213, in association with the Department of Physical Education, Kottakkal Farook Arts and Science College, organized a Yoga Training Session on 24th June 2025 at 3:30 PM. The programme aimed to spread awareness about the benefits of yoga and encourage its practice among students and staff.

The event began with a warm welcome speech delivered by Mr. Suhail K P, NSS Programme Officer. In his address, Mr. Suhail highlighted the global significance of International Yoga Day and the growing relevance of yoga in today's fast-paced world. He also acknowledged the enthusiastic participation of students and the support of the college administration in making the event possible.

Following the welcome address, the programme was officially inaugurated by Dr. Mustafa K, Deputy Principal of the college. Dr. Mustafa, in his inaugural speech, emphasized the importance of yoga in maintaining physical and mental health and encouraged everyone to incorporate yoga into their daily routine for a balanced lifestyle.

The event was graced by Mr. Muhammed Labeeb (Vice Principal) and Mrs. Beena Mol N S (Asst.Professor, Department of Mathematics), who delivered felicitations. Both dignitaries appreciated the efforts of the NSS Unit and the Department of Physical Education in organizing such a meaningful programme and motivated the students to actively participate and benefit from the session.

The highlight of the event was the practical yoga session led by Mr. Mujeeb T P, an experienced yoga trainer, who conducted a hands-on session for the participants, demonstrating various asanas and breathing techniques. He patiently guided the students through each posture, explaining their benefits and answering queries, making the session interactive and informative.

A total of 45 NSS volunteers participated enthusiastically in the training session. The event concluded with a vote of thanks, expressing gratitude to all dignitaries, participants, and organizers for their valuable contributions.

Event Photographs



ANTI-DRUG AWARENESS AND SIGNATURE CAMPAIGN

The National Service Scheme (NSS) Unit 213 of Kottakkal Farook Arts and Science College organized a comprehensive Anti-Drug Day awareness programme on June 28th, designed to educate students about the perils of substance abuse and foster a campus culture centered on health and responsibility. The day's proceedings began at 9:30 a.m. with a preparatory session where dedicated volunteers gathered to design a thematic signboard bearing the slogan "Give Hugs, Not Drugs," decorated with handprints to symbolize collective unity. These preparations engaged the students until 1:30 p.m., setting a collaborative and determined tone for the event.

The formal function commenced at 2:00 p.m. and was inaugurated by Vice Principal Mr. Musthafa, in the presence of NSS Programme Officer Mr. Suhail, Mr. Labeeb, and other distinguished faculty members. During the session, the dignitaries delivered impactful addresses that underscored the detrimental effects of narcotics and the critical need for a drug-free community. Following the speeches, the dignitaries and volunteers participated in a symbolic hand-painting activity on a whiteboard, visually reaffirming their commitment to the cause and conveying a strong message of solidarity.

The programme served as a poignant reminder to the college community regarding the necessity of vigilance and unity in the fight against drugs. By successfully engaging students and teachers alike, the event promoted a culture of care and social responsibility, marking the occasion as a significant and memorable step toward a healthier, drug-free society.

Event Photographs



BIRIYANI CHALLENGE IN ASSOCIATION WITH SHADE DIALYSIS CENTRE VENGARA

On August 15, 2025, NSS Unit 213 of Kottakkal Farook Arts and Science College, in collaboration with SHADE Dialysis Center, Vengara, successfully conducted a "Biryani Challenge." The primary objective of this fundraising initiative was to provide financial assistance for the medical treatment of patients undergoing dialysis at the center.

Preparations for the challenge commenced three days prior to the event. NSS volunteers were divided into five groups, which visited households and shops across various localities near the college to collect orders. This dedicated outreach effort resulted in 433 biriyani orders, reflecting the strong support and generosity of the local community.

On the day of the event, the SHADE Dialysis Center team prepared the biriyani and delivered it to the college premises. Upon receipt, the volunteers reorganized themselves to ensure the prompt and accurate delivery of the packets to the respective homes and shops from which orders had been collected.

The program was a resounding success, raising a total of ₹48750/-, which was formally handed over to the SHADE Dialysis Center. Beyond the financial contribution, the initiative played a crucial role in raising public awareness about the importance of community support and social responsibility. For the volunteers, it was a valuable opportunity to experience teamwork, strategic planning, and practical service to society.

Event Photographs



INDEPENDENCE DAY CELEBRATION & SPECIAL SCHOOL VISIT

The National Service Scheme (NSS) unit 213 of Kottakkal Farook Arts and Science College celebrated Independence Day on August 15th with immense enthusiasm and patriotic fervor. The event was graced by the presence of Deputy Principal Dr. Mustafa K, NSS Programme Officer Mr. Suhail, NSS Volunteer Secretary Shamil, faculty members, and dedicated NSS volunteers.

The program commenced at 9:00 AM with a solemn flag-hoisting ceremony. Following this, Deputy Principal Dr. Mustafa K, Programme Officer Mr. Suhail, and NSS Volunteer Secretary Shamil delivered inspiring speeches, emphasizing the significance of Independence Day and highlighting the vital role of youth in nation-building.

The cultural session opened with a melodious patriotic song presented by Shifna and Ridha, followed by a motivational message from Shibila. The Independence Day Pledge was then led by Volunteer coordinator Shahda Khanam, reaffirming the students' commitment to the nation. Adding color and vibrancy to the occasion, a captivating patriotic dance was performed by Ishwa, Fida, Rushda Neenu, Shifna, Nikhitha, and Ridha. The on-campus celebrations concluded with the distribution of sweets to all participants.

Extending the spirit of the day beyond the campus, NSS volunteers visited the AWH School for differently-abled children at approximately 11:00 AM. The volunteers engaged the children in songs, dance, and fun-filled games, fostering a joyful and inclusive atmosphere. The children also participated enthusiastically, showcasing their talents through various performances. As a token of love and remembrance, the NSS unit distributed chocolates, crayons, and national flags to the students.

The day's events not only celebrated the spirit of freedom but also spread happiness and unity through meaningful community engagement. The active participation of the NSS volunteers ensured the celebration was a memorable and impactful occasion.

Event Photographs



NSS DAY CELEBRATION

The National Service Scheme (NSS) Unit 213 of Kottakkal Farook Arts and Science College celebrated NSS Day on 24th September 2025 with great enthusiasm and commitment towards community service.

The celebration began in the morning with all NSS volunteers gathering together to greet the college faculty. As a gesture of respect and appreciation, the volunteers distributed chocolates to all staff members. The programme officially started by offering chocolates to the Principal and the NSS Programme Officer, marking the beginning of the day's activities.

As part of the NSS Day observation, the unit decided to conduct a campus cleaning awareness initiative. The objective was to promote the importance of maintaining a clean and hygienic campus environment. To spread the message, the volunteers prepared awareness posters focusing on campus cleanliness. The posters highlighted points such as:

Avoid disposing sanitary napkins in bathroom areas.

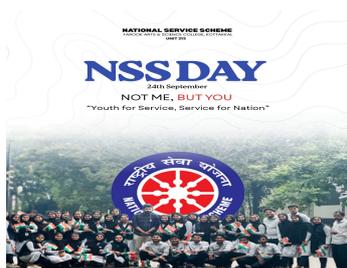
Do not throw waste anywhere inside the campus.

Keep the surroundings neat, clean, and eco-friendly.

After preparing the posters, volunteers visited each classroom to explain the importance of campus cleaning and hygiene. They encouraged all students to cooperate in keeping the college premises clean and well-maintained.

Through these activities, the NSS volunteers successfully spread awareness and demonstrated the true spirit of NSS—"Not Me, But You." The programme concluded with the satisfaction of contributing positively to the campus environment.

Event Photographs



NSS 7 DAY SPECIAL RESIDENTIAL CAMP

The 7-day residential special camp of NSS Unit 213 of Kottakkal Farook Arts and Science College commenced on December 23, 2025, with a formal inauguration ceremony. The camp was inaugurated by Prof. Abid Hussain Thangal, MLA, who graced the occasion as the chief guest. Mr. Avaruppa Haji, Manager of BMMUP School, delivered the presidential address, setting the tone for the week-long community service initiative. Mr. Suhail K P, NSS Programme Officer, welcomed the gathering and outlined the objectives and planned activities of the special camp.

The inauguration ceremony witnessed felicitations from several distinguished personalities who emphasized the importance of community service and youth engagement. Mr. T. Moideenkutty Alias Kunhu (Secretary, Farook Educational Society), Dr. Mustafa K (Deputy Principal, KFASC), Mr. Basheer Poolakkal (Ward Member), Mr. Rasheed (Head Master, BMMUP School), Mr. Faisal (PTA President), and Mr. Mohammed Labeeb (Vice Principal, KFASC) offered their felicitations and encouraged the volunteers. Shamil M, Volunteer Secretary, proposed the vote of thanks, expressing gratitude to all dignitaries and participants for their support in making the camp possible.

Following the completion of camp arrangements, an ice-breaking session titled "Who am I?" was conducted to foster bonding among the volunteers. The session was led by Mr. Mohammed Noufal, NSS Malappuram District Coordinator, who employed interactive activities to help volunteers overcome initial hesitation and build team spirit. This session played a crucial role in creating a comfortable environment for the volunteers to engage openly in the subsequent camp activities.

The camp featured three major community service projects that directly benefited local institutions and public spaces. The first project involved cleaning, maintenance, and picture drawing on the walls of an Anganwadi, enhancing its aesthetic appeal and creating a child-friendly environment. The second initiative focused on a cleaning drive at the Public Health Centre (PHC) and its premises, contributing to improved hygiene standards at the healthcare facility. The third project centered on the beautification of BMMUP School through the creation of a butterfly garden, Painting, drawing pictures against drug abuse, and writing motivational slogans by eminent personalities on the school walls.

The camp organized six major interactive and educational sessions designed to enhance the personal development and practical skills of the volunteers. Mr. Sharafudheen, Psychological Architect, conducted "MENTIS MAGNA," a psychological first aid session that equipped volunteers with mental health awareness and crisis intervention techniques. A thought-provoking debate titled "Do Influencers Actually Influence Us?" was moderated by Mr. Mohammed Shafeeque U, ASAP Trainer, encouraging critical thinking among participants. Mr. Yasir GKZ, a mentalist, presented "Mindcape," a fascinating mentalism session that captivated the volunteers and demonstrated the power of observation and perception.

The skill enhancement component included a Basic Life Support (BLS) training session conducted by Team Revomed Health care, providing volunteers with essential life-saving techniques. Mr. Hafsal Rahman, HR Trainer, delivered a comprehensive skill development training program that focused on employability and professional competencies. These diverse sessions ensured a holistic learning experience that combined community service with personal

and professional growth.

The camp concluded with an extensive Valedictory session on December 29, 2025, at 11:00 AM, where participants and dignitaries reflected on the week's accomplishments. Mr. V.A. Rahiman, President of Ponmala Panchayath inaugurated the session. Mr. Basheer Poolakkal, Ward Member, Prof. M. Abdul Azeez, Principal of KFASC, Dr. Mustafa K, Deputy Principal of KFASC, and Mr. Rasheed, HM In Charge of BMMUP School, participated in the session and commended the volunteers for their dedication. Mr. Salif, Club Coordinator, and Mr. Suhail K P, NSS Programme Officer, along with volunteers Aiswarya K, Afsitha M, Aswathy K, Mohammed Shafeeque U, and Fasal, also shared their experiences and valuable feedback. The seven-day residential special camp successfully achieved its objectives of community engagement, skill development, and fostering social responsibility among the 49 volunteers of NSS Unit 213.

Event Photographs



KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE
NATIONAL SERVICE SCHEME UNIT NO. 213

INCOME & EXPENDITURE STATEMENT - 2025-26

S.No	Receipts (Description)	Amount (?)	Payments (Description)	Amount (?)
1	Initial Balance	1,630.00		
2	NSS Certificate 2022-25 batch distribution income	3,400.00		
3	Collection of Biryani Challenge for SHADE 48,750.00 Centre	48,750.00		
4			NSS Biryani Challenge in association with shade 48,750.00 analysis centre h	48,750.00
5	Snehaved Collection	6,600.00		
	TOTAL RECEIPTS:	57,290.00	TOTAL PAYMENTS:	48,750.00
			BALANCE IN HAND:	8,540.00